

Expert Contributor

Spring into New Beginnings in Assisted Living



By Rebecca Williams, Facility Director of Barton Woods Assisted Living

As you contemplate helping your loved one move into an assisted living community, the goal is to make the transition as seamless as possible. In most people's minds there never seems to be a "right time" to move. One question we get frequently at Barton Woods Assisted Living is "What's the best time of year to make the move?" The truth is, when you look at the calendar, there are pros and cons to every month and season. Ultimately the decision is entirely up to you and will depend on your unique needs and situation. But there are certain times of the year when moving tends to be a little easier on you, your family and even your finances.

After a long winter, springtime often symbolizes new beginnings. The days are longer, the temperature is warmer, and it brings a sense of positivity, even if we can't put our finger on exactly where that positivity stems from. This theme of new beginnings and positivity is why spring is one of the best times of the year to move your loved one into an assisted living community such as Barton Woods Assisted Living. There are many benefits to making the move in the spring, but Barton Woods Assisted Living has identified three main benefits. These benefits help you and your family eliminate some of the stress associated with the move and allows you to concentrate on your loved one during their transition to their new assisted living community.

Three benefits of moving your loved one into an assisted living community in the spring:

DAYLIGHT/WEATHER: Spring is a time of new beginnings. This is a theme throughout our culture, and indeed, it has its roots in nature, where the whole world seems to shake off its winter coat and sprout anew. Spring brings a sense of positivity that comes from simple things such as increased warmth and sunlight lifting our moods. Regardless of what or

why, you can use these positive feelings to help bring a sense of brightness and new beginning to your loved one's move. If you coincide the move with the onset of spring, your loved one may relate those feelings of positivity in part to their move and their new surroundings. They can cast off the feelings of confinement and boredom that hit all of us after a long, cold winter spent largely indoors and get to know their new community. With activities both indoors and outdoors, the ability to socialize with other residents, and a beautiful community to explore, assisted living communities such as Barton Woods Assisted Living provide plenty to do!

MOVING EXPENSES: There is also an added benefit of hiring a moving company to relocate your loved one's personal belongings to their new assisted living community in the spring. In fact, you will actually save on moving costs. According to movers.com, if you decide to move during the spring, as most moving companies still operate under their lower winter rates vs. summer rates, when prices tend to increase. Hiring a moving company also helps eliminate some of the stress associated with the move itself. Allowing you to concentrate on your loved one's physical, mental and emotional needs during their transition to an assisted living community.



HOUSING MARKET: Did you know that the prime real estate season starts in the springtime? According to realtor.com, spring marks the beginning of the busiest home selling and home buying season in most areas. Most home buyers begin their journey for the perfect home during the spring, so they are settled by the summer. So, if you are planning on selling your loved one's home to move them into one of the best communities for seniors, such as Barton Woods Assisted Living, the spring might be your ideal time to put their home on the market. Homes tend to sell quicker and at higher values also. This again helping to eliminate some of the stress during your loved one's transition to assisted living.

Are you contemplating assisted living for your parent or a senior loved one this spring? Contact Barton Woods Assisted Living located in Freeland at 9472 Kochville Road. Give us a call at (989) 695-5380 or send us an email at rwilliams@bartonwoods.org. All of Barton Woods staff are here to help guide you as you navigate through the many benefits and questions you have about assisted living. We would love to be a part of your new beginning this spring.

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Community

By Jane Meade-Dean, Content Coordinator

Midland Neighbors, Enjoy Bakery Partner to Give Readers Sweet Treats



Midland Neighbors Magazine has exciting news for our readers who have a sweet tooth. We're partnering with the good folks at Enjoy Bakery to give away free goodies every month. Midland residents can simply visit the Midland Neighbors Facebook page to enter the drawing for delicious cookies and cupcakes.

Winners will be notified and recognized in the next month's issue of Midland Neighbors. Log on and sign up. We want to wish you all the best of luck!

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WELCOME, BOB RATHBUN!

Bob joins our growing team as Senior Vice President, with a focus on Business Development. His retirement as Executive Vice President and Regional President at Chemical Bank in 2019 has allowed him the opportunity to make memories with his three grandchildren and remain extremely active in the community. Bob's mission and values align perfectly with Tri-Star's and we know he will positively impact our clients and our community. Whatever your vision for retirement, Bob and the team are ready to help you achieve your goals.



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